

# CONFERENCE PROGRAM

## FRIDAY 18 OCTOBER, 2024 – PRE-CONFERENCE WORKSHOPS

### Pre-conference workshops

8.00 - 11.00am	Room: <b>P6</b>	Room: <b>P7</b>			
	Chair: <b>Rebecca Gilroy</b>	Chair: <b>David Veal</b>			
	Injections masterclass for podiatrists <b>Leah Cook</b>	Exercise prescription for elbow tendinopathy <b>Associate Professor Leanne Bisset</b>			
8.30 - 11.30am	Room: <b>P8</b>	Room: <b>P9</b>	Room: <b>P10</b>	Room: <b>P11</b>	Room: <b>iOrthotics</b>
	Chair: <b>Anna Bryant</b>	Chair: <b>Andy Farrelly</b>	Chair: <b>Josh Taylor</b>	Chair: <b>Steve Sandor</b>	Chair: <b>Elisha King</b>
	Clinical pathways to successful paediatric management – evidence and anecdote <b>Jason McLellan</b>	Pelvic pain: collaborative musculoskeletal and pelvic health perspectives <b>Alex Diggles and Amy Papinniemi</b>	Assessing for risk factors in recreational runners <b>Dr Benjamin Peterson</b>	ACL rehab masterclass <b>Proudly supported by Bauerfeind</b> <b>Dr Jane Rooney</b>	Enhancing the daily grind – practical skills for improving patient outcomes with orthotics <b>Scott Morrison</b>
9.00 - 12.00pm	Room: <b>P1</b>	Room: <b>P2</b>	Room: <b>P3</b>	Room: <b>P4</b>	
	Chair: <b>Marguerite Copley</b>	Chair: <b>Andrew Thorp</b>	Chair: <b>Emily Hodkinson</b>	Chair: <b>Caitlin Brown</b>	
	Clinical decision-making for upper limb hypertonicity management: where does splinting and casting fit in achieving individualised outcomes <b>Professor Jodie Copley</b>	Healthy hips in athletic populations <b>Tim Oostenbroek</b>	Using evidence to make sense of the story and support recovery <b>Associate Professor Ben Darlow</b>	Comprehensive hamstring rehabilitation in clinical practice <b>Nick Kane</b>	
11.00 - 12.00pm	Room: <b>P5</b>	Room: <b>Auditorium</b>	10.00 - 12.00pm	Room: <b>Plaza Ballroom</b>	
	Chair: <b>Aaron Bryce</b>	Chair: <b>Emma Lee</b>		Chair: <b>Lisa Roach</b>	
	Shockwave for lower limb tendinopathy (Session 1) <b>Proudly presented by EMS</b>	Unlocking the Copirite Portal: an interactive experience <b>Grant McDonald</b>		Successful strategy execution (Clinic Partners' session) <b>Dr Glen Richards</b>	
12.00 - 1.00pm	Shockwave for lower limb tendinopathy (Session 2) <b>Proudly presented by EMS</b> <b>Ben Day and Gavin Corica</b>	Room: <b>Auditorium</b>	12.00 - 12.30pm	Room: <b>P7</b>	
		Chair: <b>Gary Eck</b>		Chair: <b>Sally Douglas</b>	
		The Future of Sleep <b>Proudly presented by SD Labs</b>		Transitions Gen S a revolution in eyewear: a love-wear experience <b>Proudly supported by EssilorLuxottica</b> <b>Stuart Cannon and Antoinette Zinoviev</b>	
	<b>Professors Tony Goldschlager and Scott Ayton, Peter Allen</b>		12.30 - 1pm	Dry eye and Systane Multi-Dose Preservative-Free <b>Proudly supported by Alcon</b> <b>Megan Zabell</b>	

# CONFERENCE PROGRAM

FRIDAY 18 OCTOBER, 2024

12.00 - 1.30pm	Registration Opens · Exhibition Opens					
1.30 - 3.15pm	Plenary – Plaza Ballroom					
	Chair: <b>Wes Coote</b>					
1.30 - 1.40pm	Acknowledgement of Country <b>Waveney Yasso</b>					
1.40 - 2.10pm	Healthia's role in driving impact in healthcare <b>Wes Coote</b>					
2.15 - 3.15pm	Blinded <b>Dr Dinesh Palipana (OAM)</b>					
3.15 - 3.30pm	BREAK					
3.30 - 4.30pm	Plaza Ballroom	Room: P6	Room: P9-P11	Room: P7		
	Chair: <b>Amy Papinniemi</b>	Chair: <b>Dr Fiona Jones</b>	Chair: <b>Lisa Roach</b>	Chair: <b>Hannah Peltzer</b>		
	Time to rethink an old disease? A contemporary understanding of osteoarthritis and its management  <b>Professor Tasha Stanton</b>	Participate-CP 2: Optimising attendance and involvement in physically active leisure for children with cerebral palsy  <b>Associate Professor Leanne Sakzewski</b>	Managing pirates, passengers and performance  <b>Daniel Murray</b>	Myopia control <b>Proudly supported by EssilorLuxottica</b>  <b>Sephora Miao</b>		
4.40 - 5.40pm	Room: P1	Room: P6	Room: P8	Room: P7	Room: P9-P11	Plaza Ballroom
	Chair: <b>Dr Glen Richards</b>	Chair: <b>Amy Papinniemi</b>	Chair: <b>Madison Knight</b>	Chair: <b>Hannah Peltzer</b>	Chair: <b>Emily Hodkinson</b>	Chair: <b>Wes Coote</b>
	Business Leadership Program (Participants and Alumni)	Clinical Leadership Program (Participants and Alumni)	Able Motion (Participants and Alumni)	Water surface lenses and contact lens innovation <b>Proudly supported by Alcon</b>	Recent Graduate Celebration	Inspiring change through movement  <b>Tim Franklin</b>
	The Big Pitch  <b>Dr Glen Richards</b>	Empowering leadership: inspiring Brighter Futures in you and those around you  <b>John Godwin</b>	Able Motion Masterclass  <b>Greg Dower and Darren Stewart</b>		Where to from here?  <b>Panel</b>	
4.40 - 5.15pm						
5.15 - 7.30pm	Healthia Connect – Exhibition Area					
7.30 - 10.30pm	Clinic Partners' Dinner · GOMA (Gallery of Modern Art)					

# SATURDAY 19 OCTOBER, 2024

## 6.30 - 8.00am • Running Tour | Walking Tour

9.00 - 9.40am	<b>Plaza Ballroom</b>	Room: <b>P6-P7</b>	Room: <b>P8</b>	Room: <b>P1</b>	Room: <b>P11</b>	Room: <b>P9-P10</b>	Room: <b>P2</b>
	Chair: <b>Mark Comerford</b>	Chair: <b>Karl Meiring</b>	Chair: <b>Anna Bryant</b>	Chair: <b>Nicole Haynes</b>	Chair: <b>Mary Mitchell</b>	Chair: <b>Ben Corso</b>	Chair: <b>Hannah Peltzer</b>
	Returning to play after hamstring injury: criterion-based rehab in practice	Headache assessment and management: what is in and out of scope for physiotherapy?	Foot strengthening exercises: where do we stand?	Para sport: identifying and developing the next generation of paralymians	Metacarpal and phalangeal fractures	Managing compensable patients: legal strategies for navigating disputes	Practical viewing of the optic disc: the good, the bad and the ugly
	<b>Nick Kane</b>	<b>Dr Ken Niere</b>	<b>Dr John Osborne</b>	<b>Associate Professor Emma Beckman</b>	<b>Dr Greg Couzens</b>	<b>Paul Zapparas</b>	<b>Professor Celia Chen</b>
9.45 - 10.25am	From surgery to strength: a guide to early-mid ACLR rehab	A clinician's guide to brain neurochemistry – how understanding pain mechanisms can improve patient outcomes	Education and exercise for the treatment of plantar heel pain	Cognitive stress: a new model for understanding self-regulation, autism and ADHD	1. Dynamic stabilisation of the wrist 2. Learning from 'non-compliant' patients	The customer journey: from first contact to lasting impact	Seeing double? Practical to diplopia work up and management
	<b>Mick Hughes</b>	<b>Dr Aimie Peek</b>	<b>Dr Melinda Smith</b>	<b>Dr Andrea McGlade</b>	<b>Dr Ezekiel Tan</b>	<b>Rebecca Pini and Amanda Goddard</b>	<b>Professor Celia Chen</b>

## 10.30 - 11.00am • MORNING TEA

11.00 - 11.40am	<b>Plaza Ballroom</b>	Room: <b>P6-P7</b>	Room: <b>P8</b>	Room: <b>P11</b>	Room: <b>P9-P10</b>	Room: <b>P1</b>	Room: <b>P2</b>
	Chair: <b>Kent Jordan</b>	Chair: <b>Alice Hyslop</b>	Chair: <b>Rebecca Gilroy</b>	Chair: <b>Dr Fiona Jones</b>	Chair: <b>Mary Mitchell</b>	Chair: <b>Benny Heidenreich</b>	Chair: <b>Hannah Peltzer</b>
	Foot orthoses or exercise in managing persons with patellofemoral pain: what's your bias?	From sidelines to strategies: tackling low back pain in Australian Rules Footballers	A well done is better than well said...or is it?	Paediatric feeding disorders: considerations for assessment, diagnosis and management	Upper limb injuries in sport: throwing and overhead athletes	Leading people with purpose	Who CAIRS about keratoconus?
	<b>Professor Bill Vicenzino</b>	<b>Lindsay Bull</b>	<b>Professor Cylic Williams</b>	<b>Georgia Malysiak</b>	<b>Andrew McGough</b>	<b>Lisa Roach</b>	<b>Dr Brendon Cronin</b>
11.45 - 12.25pm	Achilles rupture: optimising outcomes in the face of a sparse and unhelpful evidence-base	A systems-approach to managing athletes: poking and prodding may not be your most important skill	Using foot orthoses in children: what's the evidence and how can we measure impact?	Empowering parents and caregivers raising children with disability and developmental concerns in Australia	Exploring challenging elbow pain presentations: implications for assessment and management	Charting a course: navigating ethical challenges in private practice	A holistic approach to dry eye <b>Proudly supported by CSL</b>
	<b>Professor Peter Malliaras</b>	<b>Peter Blanch</b>	<b>Dr Helen Banwell</b>	<b>Professor Laura Miller</b>	<b>Dr Viana Vuvan</b>	<b>Tanya Straguszki and Tom Hindhaugh</b>	<b>Dr Leigh Plowman</b>

## 12.30 - 1.30pm • LUNCH

1.30 - 2.10pm	<b>Plaza Ballroom</b>	Room: <b>P6-P7</b>	Room: <b>P8</b>	Room: <b>P9-P11</b>	Room: <b>P2</b>
	Chair: <b>Paul Scurfield</b>	Chair: <b>Shannyn Hermann</b>	Chair: <b>Dean Hartley</b>	Chair: <b>Sarah Dutschke</b>	Chair: <b>Hannah Peltzer</b>
	Talking about back pain: risks and opportunities	Midfoot matters: hindfoot contributions and forefoot implications	Design-led advanced manufacturing of smart orthotics for remote Australia: outcomes and opportunities	Head or heart: why you need both to succeed at work	A watchful eye: the role of optometry in macular disease
	<b>Associate Professor Ben Darlow</b>	<b>Dr Richard Hanly</b>	<b>Dean Hartley, Marianella Chamorro-Koc, Dr Bridget Hughes</b>		<b>Inez Hsing</b>
2.15 - 2.55pm	"I believe in belief" – Ted Lasso: the 'human placebo'	Reducing our footprint: steps towards sustainable podiatry	2.15 - 2.35	Understanding ulnar sided wrist pain after distal radius fractures	It's glaucoma – but what is the best treatment option?
			2.40 - 3.00	Not just another pain program: implementing co-design in private practice	
	<b>Associate Professor Vince Kelly</b>	<b>Professor Debbie Turner</b>	<b>Nina Thompson</b>	<b>Belinda Hapgood</b>	<b>Michael Yapp</b>
3.00 - 3.40pm	You see what you look for and you look for what you know: a biomechanical approach to hip and groin pain	The view from down under: global trends in diabetes foot disease	Room: <b>P9-P11</b>		Conversational intelligence for optometrists
			Chair: <b>Lisa Roach</b>		
	<b>Dr Enda King</b>	<b>Professor Peter Lazzarini</b>	Empowering every role to enhance the patient experience		<b>Dr Emma Gillies</b>
			<b>Renee Rankin</b>		

## 3.45 - 4.00pm • AFTERNOON TEA

4.00 - 5.00pm	<b>Plaza Ballroom • Chair: Wes Coote</b>					
	Futurist's perspective for allied health <b>Gihan Perera</b>					
7.30pm onwards	<b>Unite Gala Dinner</b>					