

# CONFERENCE PROGRAM

Impact 2024 - Annual Integrated Health Conference

Friday 18 - Saturday 19 October 2024

Brisbane Convention and Exhibition Centre



## FRIDAY 18 OCTOBER, 2024 – MORNING SESSION

### Pre-conference workshops

8.00 - 11.00am					
	Injections masterclass for podiatrists <b>Leah Cook</b>	Exercise prescription for elbow tendinopathy <b>Professor Leanne Bisset</b>			
8.30 - 11.30am					
	Clinical pathways to successful paediatric management – evidence and anecdote <b>Jason McLellan</b>	Pelvic pain: collaborative musculoskeletal and pelvic health perspectives <b>Alex Diggles and Amy Papinniemi</b>	Assessing for risk factors in recreational runners <b>Dr Benjamin Peterson</b>	ACL rehab masterclass <b>Dr Jane Rooney</b>	Enhancing the daily grind – practical skills for improving patient outcomes with orthotics <b>Scott Morrison</b>
9.00 - 12.00am					
	Clinical decision-making for upper limb hypertonicity management: where does splinting and casting fit in achieving individualised outcomes <b>Professor Jodie Copley</b>	Healthy hips in athletic populations <b>Tim Oostenbroek</b>	Using evidence to make sense of the story and support recovery <b>Associate Professor Ben Darlow</b>	Comprehensive hamstring rehabilitation in clinical practice <b>Nick Kane</b>	
10.00 - 12.00pm		11.00 - 12.00pm			
	Successful strategy execution <b>Dr Glen Richards</b>		Shockwave for lower limb tendinopathy (Session 1)		
		12.00 - 1.00pm			
			Shockwave for lower limb tendinopathy (Session 2)		

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## FRIDAY 18 OCTOBER, 2024 – AFTERNOON SESSION

12.00 - 1.30pm	Registration Opens - Exhibition Opens
1.30 - 3.00pm	<b>Plenary</b> <b>Chair: Wes Coote</b>
1.30 - 1.40pm	Welcome to Country
1.40 - 2.10pm	Wes Coote
2.15 - 3.15pm	Blinded <b>Dr Dinesh Palipana</b>
3.15 - 3.30pm	<b>BREAK</b>

3.30 - 4.30pm			3.30 - 4.30pm			
	Time to rethink an old disease? A contemporary understanding of osteoarthritis and its management <b>Professor Tasha Stanton</b>	Participate-CP 2: Optimising attendance and involvement in physically active leisure for children with cerebral palsy <b>Associate Professor Leanne Sakzewski</b>		Feedback and managing performance with empathy <b>Daniel Murray</b>	Myopia control	Transitions TBC
4.40 - 5.40pm			4.40 - 5.15pm			
	Business Leadership Program <b>(Participants and Alumni)</b>	Clinical Leadership Program <b>(Participants and Alumni)</b>		Recent Graduate Celebration	Dry eye and innovations in lenses <b>Alcon</b>	<b>Plenary</b>
	The Big Pitch	Mentoring – Inspiring Brighter Futures: <b>John Godwin</b>		Where to from here?		Topic: TBC <b>Tim Franklin</b>

5.15 - 7.30pm	<b>Welcome Reception</b>
7.30 - 8.30pm	<b>Clinic Partners' Dinner · GOMA (Gallery of Modern Art)</b>

# SATURDAY 19 OCTOBER, 2024

## 6.30 - 8.00am · Running Tour | Walking Tour

9.00 - 9.40am	Returning to play after hamstring injury: criterion-based rehab in practice	Headache assessment and management: what is in and out of scope for physiotherapy?	Foot strengthening exercises: where do we stand?	Para sport: identifying and developing the next generation of paralymptians	Diagnosis and management of posterior shoulder instability and osteoarthritis in young patients	Importance of good clinical notes, medical report writing and AI Notes – what's coming	Practical viewing of the optic disc: the good, the bad and the ugly
	<b>Nick Kane</b>	<b>Dr Ken Niere</b>	<b>Dr John Osborne</b>	<b>Associate Professor Emma Beckman</b>	<b>Dr Andrew McBride</b>	<b>Paul Zapparas</b>	<b>Celia Chen</b>
9.45 - 10.25am	From surgery to strength: a guide to early-mid ACLR rehab	A clinician's guide to brain neurochemistry - how understanding pain mechanisms can improve patient outcomes	Education and exercise for the treatment of plantar heel pain	Cognitive stress: a new model for understanding self-regulation, autism and ADHD	1. Dynamic stabilisation of the wrist 2. Learning from 'non-compliant' patients	The customer journey: from first contact to lasting impact	Seeing double? Practical to diplopia work up and management
	<b>Mick Hughes</b>	<b>Dr Aimie Peek</b>	<b>Dr Mel Smith</b>	<b>Dr Andrea McGlade</b>	<b>Dr Ezekiel Tan</b>	<b>Rebecca Pini &amp; Amanda Goddard</b>	<b>Celia Chen</b>

## 10.30 - 11.00am · MORNING TEA

11.00 - 11.40am	Foot orthoses or exercise in managing persons with patellofemoral pain: what's your bias?	"I believe in belief" – Ted Lasso: the 'human placebo'	A well done is better than well said...or is it?	Paediatric feeding disorders: considerations for assessment, diagnosis and management	Upper limb injuries in sport: throwing and overhead athletes	Managing people with purpose	Who CAIRS about keratoconus?
	<b>Professor Bill Vicenzino</b>	<b>Associate Professor Vince Kelly</b>	<b>Professor Cylie Williams</b>	<b>Georgia Malysiak</b>	<b>Andrew McGough</b>	<b>Lisa Roach</b>	<b>Brendon Cronin</b>
11.45 - 12.25pm	Achilles rupture: optimising outcomes in the face of a sparse and unhelpful evidence-base	A systems-approach to managing athletes: poking and prodding may not be your most important skill	Using foot orthoses in children: what's the evidence and how can we measure impact?	Topic: TBC	Exploring challenging elbow pain presentations: implications for assessment and management	Charting a course: navigating ethical challenges in private practice	A holistic approach to dry eye
	<b>Professor Peter Malliaris</b>	<b>Peter Blanch</b>	<b>Dr Helen Banwell</b>	<b>Professor Laura Miller</b>	<b>Dr Viana Vuvan</b>	<b>Tanya Straguszi</b>	<b>Leigh Plowman</b>

## 12.30 - 1.30pm · LUNCH

1.30 - 2.10pm	Talking about back pain: risks and opportunities	Midfoot matters: hindfoot contributions and forefoot implications	Design-led advanced manufacturing of smart orthotics for remote Australia: outcomes and opportunities		Head or heart: why you need both to succeed at work	A watchful eye: the role of optometry in macular disease
	<b>Associate Professor Ben Darlow</b>	<b>Dr Richard Hanly</b>	<b>Panel</b>			<b>Inez Hsing</b>
2.15 - 2.55pm	Facing the future fearlessly: building better outcomes and accountability with technology and collaboration	1. Precision in practice: selecting the optimal calf strength test 2. Sustainable practice: considering a green approach to podiatry?	2.15 - 2.35	Understanding ulnar sided wrist pain after distal radius fractures	<b>Belinda Hapgood</b>	It's glaucoma – but what is the best treatment option?
	<b>Dr David Samra</b>	<b>Dr Ryan Causby</b>	2.40 - 3.00	Not just another pain program: implementing co-design in private practice		<b>Michael Yapp</b>
3.00 - 3.40pm	You see what you look for and you look for what you know: a biomechanical approach to hip and groin pain	The view from down under: global trends in diabetes foot disease	Topic: TBC			Conversational Intelligence for Optometrists
	<b>Enda King</b>	<b>Professor Peter Lazzarini</b>	<b>Renee Rankin</b>			<b>Emma Gillies</b>

## 3.45 - 4.00pm · AFTERNOON TEA

4.00 - 5.00pm						
	Futurist's perspective for allied health <b>Gihan Perera</b>					